

## Instructions for Use: asmofocon A (40% water) for 2 week or 1 month replacement contact lens

### Important

- Read the following instructions carefully before use and keep this document in a safe place for future reference.
- Always follow the instructions in this document and those of your eye care professional or practitioner for appropriate use of contact lenses and lens care products including lens cases.

### FOR 2 WEEK REPLACEMENT CONTACT LENS

#### Introduction

asmofocon A (40% water) is a blue tinted soft silicone hydrogel contact lens with 40% water content.

The sterile asmofocon A (40% water) is individually packaged in a foil-sealed plastic container and immersed in buffered saline solution.

#### Indications

asmofocon A (40% water) is intended for daily or up to 7 days extended wear and correction of refractive ametropia (myopia, hyperopia and/or astigmatism) in non-aphakic disease-free eyes.

#### Wearing restrictions

Clean and disinfect the contact lenses after lens removal using the cleaning and disinfecting regimen recommended by your eye care professional or practitioner. Replace the contact lenses every 2 weeks with fresh lenses.

Be sure to consult your eye care professional or practitioner for the lens wearing schedule based on your individual needs. Always dispose of the contact lenses after the instructed wearing period. Wearing the contact lenses beyond the instructed wearing period increases the risk of eye problems.

### FOR 1 MONTH REPLACEMENT CONTACT LENS

#### Introduction

asmofocon A (40% water) is a blue or lavender tinted soft silicone hydrogel contact lens with 40% water content.

The sterile asmofocon A (40% water) is individually packaged in a foil-sealed plastic container and immersed in buffered saline solution.

#### Indications

asmofocon A (40% water) is intended for daily wear and correction of refractive ametropia (myopia, hyperopia and/or astigmatism) and/or presbyopia in non-aphakic disease-free eyes.

#### Wearing restrictions

Clean and disinfect the contact lenses after lens removal using the cleaning and disinfecting regimen recommended by your eye care professional or practitioner. Replace the contact lenses every month with fresh lenses.

Be sure to consult your eye care professional or practitioner for the lens wearing schedule based on your individual needs. Always dispose of the contact lenses after the instructed wearing period. Wearing the contact lenses beyond the instructed wearing period increases the risk of eye problems.

### CONTRAINDICATIONS

Do not wear the contact lenses if you have any of the following conditions.

- Acute and subacute inflammation or infection of the anterior chamber of the eyes
- Any disease, injury, or abnormality that affects the cornea, the conjunctiva or eyelids
- Severe lacrimal secretion insufficiency (dry eyes)
- Corneal hypoesthesia (reduced corneal sensitivity)
- Any systemic disease that may adversely affect the eyes by wearing contact lenses
- Allergic reactions that may be induced or exaggerated by wearing contact lenses
- Any active corneal infection
- Red or irritated eyes
- Incomplete corneal healing following eye surgery

### WARNINGS

Be aware of the following warnings pertaining to contact lens wear.

- Eye problems arising from wearing contact lenses and use of lens care products, such as corneal ulcers, can develop rapidly and lead to loss of vision. If you experience any discomfort in the eyes, excessive tearing, vision changes, redness in the eyes or other problems, immediately remove the lenses and consult your eye care professional or practitioner.

### PRECAUTIONS

- Handle the contact lenses with care (be careful not to drop them).
- Do not touch the contact lenses with your fingernails.
- Put in the contact lenses before applying cosmetics. Do not apply cosmetics, lotions, creams, or sprays while handling the contact lenses.
- Consult your eye care professional or practitioner before using any medicine in your eyes.
- If the contact lenses feel dry on your eyes, apply a few drops of the lubricating or rewetting solution (recommended by your eye care professional or practitioner) directly to the eyes and wait until the lenses can move freely on the eyes before removing them. If the discomfort still continues, immediately consult your eye care professional or practitioner.
- Avoid all harmful or irritating vapours and fumes while wearing the contact lenses.
- If any chemicals are splashed into the eyes, immediately flush the eyes with tap water, remove the contact lenses, and consult your eye care professional or practitioner, or visit a hospital emergency room.
- Consult your eye care professional or practitioner for instructions on wearing the contact lenses during sports or water activities, or for specific occupations.
- For the multifocal or multifocal toric contact lenses, it is recommended that you wear the lenses only in familiar situations (not visually demanding situations) during adaptation period. Especially avoid driving a motor vehicle during adaptation period.
- Abrupt light while wearing the multifocal or multifocal toric contact lenses may cause reduced vision acuity. Consult your eye care professional or practitioner if you feel uncomfortable with wearing the lenses in bright light.
- Follow-up visits are necessary to assure the continued health of your eyes.
- Consult your eye care professional or practitioner if you wish to change the lens type or parameters.
- Inform your medical doctor that you wear contact lenses.
- Store the contact lenses at room temperature. Do not allow the lenses to freeze.
- Consult your eye care professional or practitioner if you need to store the contact lenses for extended periods.
- If the contact lenses become dehydrated in a lens case, soak the lenses in soaking solution (recommended by your eye care professional or practitioner) for at least 1 hour until the lenses are rehydrated and then examine the lenses to be sure that they are free of any damage. Clean and disinfect the lenses before wearing them.
- Do not share the contact lenses with other people.

### ADVERSE REACTIONS

If any of the following problems occur, immediately remove the contact lenses and examine them to be sure that they are free of any damage. If the contact lenses are not damaged, clean and disinfect the lenses before wearing them again. If the problem still continues, remove the lenses and seek prompt treatment. Serious eye damage may result such as infection, corneal ulcer, neovascularization, and iritis.

- Eye stinging, burning, itching, or any other pain in the eyes
- Continuous foreign body or scratching sensation
- Excessive tearing, unusual eye secretions, redness, reduced visual acuity, blurred vision, halos, photophobia, or dry eyes

If any serious adverse reactions to the contact lenses occur, report it to the authorized representative and the competent authority.

### HANDLING THE CONTACT LENSES

- Always wash, rinse, and dry your hands thoroughly before handling the contact lenses.
- Do not wear the contact lenses if the sterile packages have been opened or damaged, or if the expiration date has been passed.
- Always handle the left and right contact lenses in the same sequence to avoid mixing up the lenses.

**Opening the foil-sealed plastic container:**

1. Remove the container foil to open the package.
2. Find one contact lens with the concave side facing up in the container.
3. Carefully pick up the lens from the container and examine it to be sure that it is free of any damage or foreign bodies.

**Putting in contact lenses:**

The general procedure for putting in contact lenses is described below. Consult your eye care professional or practitioner for more details as necessary.

1. Place the contact lens on the tip of the forefinger of your dominant hand with the concave side facing up.
2. Check the profile of the lens to make sure it is not turned inside out.
3. Hold your eyelids wide apart by pulling the upper lid with the forefinger of your non-dominant hand and the lower lid with the middle finger of your dominant hand.
4. Slowly bring the lens up to your eye while looking straight ahead, and gently put the lens on the cornea.
  - Do not press the lens against your eye.
5. Look down, release the upper lid first then the lower lid, and blink gently.
6. Repeat this procedure for the other lens.
  - If your vision is blurred after putting in the contact lenses:
    - If the contact lenses are not centred on the cornea: Look into the mirror, and gently manipulate the edge of the lens to move it onto the cornea while opening your eye. Use finger pressure on the edge of the upper or lower lid until the lens is centred on the cornea.
    - If the contact lenses are centred on the cornea: Remove the lenses. Possible causes are as follows.
      - The lens surface is dirty.
      - The lenses are on the wrong eyes.
      - The lenses have been put inside out onto the eyes.
  - If your vision is still blurred after clearing the problems mentioned above, remove the contact lenses and consult your eye care professional or practitioner.
  - If you feel significant discomfort while wearing the contact lenses, immediately remove the lenses and consult your eye care professional or practitioner.
  - For toric contact lenses, put the lenses on the cornea with the guide mark pointing down. (See Fig.1.)
  - For multifocal contact lens (ADD HIGH), put the lenses on the cornea with the triangle mark pointing to the temporal side. (See Fig.2.)
  - The multifocal toric contact lenses have guide marks to check the lens fitting. (See Fig.3.)

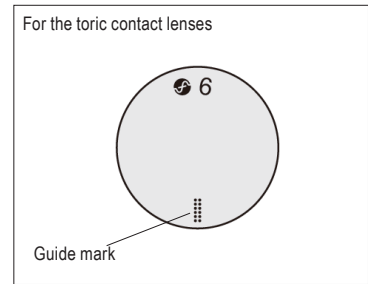


Fig.1

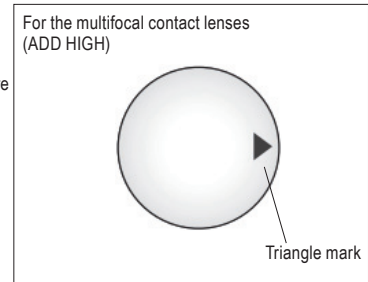


Fig.2

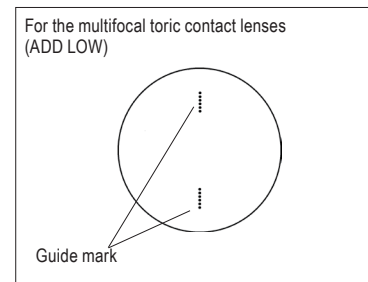


Fig.3

**Removing contact lenses:**

1. Look upwards while keeping your head straight.
2. Pull down the lower lid with the middle finger of your non-dominant hand and place the forefinger of your dominant hand on the lower edge of the contact lens.
3. Slide the lens down to the lower white part of your eye.
4. Gently pinch the lens between the thumb and forefinger of your dominant hand.
5. Remove the lens.
6. Repeat this procedure for the other lens.

**CARE FOR THE CONTACT LENSES**

- Always use lens care products recommended by your eye care professional or practitioner. Never use care products for rigid gas permeable contact lenses.
- Do not use tap water for the care of the contact lenses and lens cases. Use of tap water increases the risk of microbial infection.
- Always use fresh unexpired lens care products.
- Do not alternate or mix lens care products unless indicated on the product instructions or recommended by your eye care professional or practitioner.
- Heat disinfection is not recommended.
- Store the contact lens completely immersed in storage solution when not in use.
- Clean and rinse the lens case with care products and allow it to air dry after each use. Replace lens cases at regular intervals.

**SYMBOLS USED ON THE PACKAGE AND FOIL-SEALED PLASTIC CONTAINER**

<b>SYMBOL</b>		<b>LOT</b>		<b>STERILE</b>	
<b>DEFINITION</b>	Consult Instructions for Use	Batch Code	Use by Date (Expiry Date)	Sterile Using Steam or Dry Heat	
<b>SYMBOL</b>	<b>MD</b>	<b>UDI</b>			
<b>DEFINITION</b>	Medical Device	Unique Device Identification	EU Importer		
<b>SYMBOL</b>	<b>DIA</b>	<b>BC</b>	<b>P</b>	<b>CYL</b>	<b>AXIS</b>
<b>DEFINITION</b>	Diameter	Base Curve	Dioptre (Lens power)	Dioptre (Cylinder power)	Cylinder axis
<b>SYMBOL</b>	<b>ADD</b>	<b>HIGH</b>	<b>LOW</b>		
<b>DEFINITION</b>	Dioptre (addition power)	High addition power design (+2.00 D)	Low addition power design (+1.00 D)		

Manufacturer: Menicon Co., Ltd. 3-21-19, Aoi, Naka-ku, Nagoya, 460-0006 Japan www.menicon.com

EC REP Authorized Representative: Menicon Holdings B.V. Waanderweg 6, 7812 HZ, Emmen, The Netherlands

Date of Issue 2019-11

©2019, Menicon Co., Ltd.

**CE**  
0483  
RDASRBPI003